

Aging Well Whatcom Steering Committee

Wednesday, May 18, 2022

By Zoom call

MINUTES

Attending:

Amy Hockenberry, Whatcom County Health Department
Becky Kirkland, PeaceHealth Center for Senior Health
Chris Orr, Whatcom Council on Aging
Heather Flaherty, Chuckanut Health Foundation
Kenzie Nelson, VibrantUSA
Mary Anderson, Whatcom Transportation Authority
Ryan Blackwell, Northwest Regional Council
Sarah Lane, Health Ministries Network
Tessa Whitlock, Chuckanut Health Foundation

Regrets:

Chao-ying Wu, Chuckanut Health Foundation Board/Family Care Network
Heidi Bugbee, Generations Early Learning & Family Center
Janet Malley, Whatcom Transportation Authority
Marie Eaton, Palliative Care Institute, WWU
Melinda Herrera, Rosewood Villa
Tammy Bennett, YMCA
Tonja Myers, Christian Health Care Center

Welcome

Lara welcomed the group. The Steering Committee has two new members, Kristin Hill from the Opportunity Council (taking the spot Adrienne was in previously) and Barbara Juarez from the NW Indian Health Board (not able to join today). Welcome Kristin and Barbara! At a future meeting, we will spend more time learning about you and your work.

Plan for June 17 meeting

The goals, format and preliminary agenda for the all-member AWW Spring meeting were reviewed [see meeting agenda document sent 5/17]. There are still many details to refine and solidify.

Comments and discussion:

- Seems like a good format for this time when we are all in “re-entry” mode for in-person gatherings.
- Heather, Chris and Ryan will share opening remarks.
- For Intergenerational work to showcase: Intergenerational high school, libraries (maybe related to senior tech help?), possibly Bellingham Technical College?
- The passport concept is a way to encourage people to visit all the stations and engage with the information and people at each. We won't liken it to real travel – that's too painful. 😊
- Personal outreach was effective and important for 2019 Summit. People willing to help with personal outreach to people on the invite list: Chris, Becky
- For sharing out at the end of the meeting:
 - “1-2-4-All” is a good format
 - It's a low-risk setting to share with a large group
 - We may adjust how we do this part when we know how many people plan to attend

- People able to help set up and greet: Sarah, Amy, Kenzie
- People able to help clean up: Sarah, Kenzie, Becky, Ryan
- A Save-the-Date was sent out on May 10 [look for an email from AgingWell@chuckanuthealthfoundation.org] and an invitation with RSVP link will be coming soon!

Updates and Announcements

Heather announced that the 2022 Aging Well Grant round will be in the fall at the same time as CHF's regular grant cycle (there will still be grants specifically for Blueprint-aligned proposals).

Sarah reminded members of the Health Fair at the EWWRC this weekend in which many AWW Steering Committee member organizations will be participating. Come on out!

Wrap Up and Next Steps

Heather invited a "two word check out" for the meeting, and we all shared two words on our minds or in our hearts.

Next meeting: Friday, June 3, 9:30-10:00 AM *New/old meeting schedule*****