



# Mobile ANT



ANIMALS AS NATURAL THERAPY

Fostering Intergenerational  
Community with Animals



Intergenerational visits bring therapy animals & youth volunteers to engage with seniors, offering an opportunity to connect over a shared love for animals. Elders also benefit from the physiological effects of animal interaction, such as lowered blood pressure & reduced cortisol levels.





Window visits aim to bring joy and connection during COVID lockdowns and subsequent isolation.

# 2022 BSD Partnership

Following 6 weeks of programming at our farm, BSD students concluded their time at ANT by sharing their love for our animals with residents at Silverado Memory Care in Bellingham.





Currently visiting 3 local facilities on a monthly basis

7 facilities served in 2022 so far

Over 130 residents served in 2022 so far

40 volunteers... and counting!